

Four-Dimensional Image Reconstruction Strategies in Cardiac-Gated and Respiratory-Gated PET Imaging

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KEYWORDS

- PET • Motion tracking • Motion correction • Cardiac gating • Respiratory gating
- 4D image reconstruction • 5D image reconstruction

KEY POINTS

- Cardiac and/or respiratory gating leads to enhanced noise levels, thus producing images with reduced quality.
- Direct four-dimensional (4D) PET image reconstruction incorporating motion compensation provides a very promising alternative to this problem.
- A wide-ranging choice of techniques are available in research settings but have not yet been used in the clinic.
- The development of advanced 4D physical anthropomorphic phantoms and computational models will benefit research in cardiac-gated and respiratory-gated PET imaging.

INTRODUCTION

Positron emission tomography (PET) is a powerful modality for numerous oncologic and cardiac imaging applications. However, when PET is used for chest or upper abdomen examinations, respiratory motion can lead to blurring and distortion of the images. Cardiac imaging applications also suffer from both cardiac and respiratory movements of the heart. Much worthwhile research has focused during the last decade on developing motion compensation techniques to

provide more accurate PET images^{1,2}; e.g. for the diagnosis and assessment of lung and upper abdomen cancer. It is expected that better PET images will lead to improved detection of small lesions and enhance the ability to assess the extent of the cancer. In some cases, more accurate assessment of chest and upper abdomen lesions may mean that patients can avoid the trauma and expense of surgery. It is expected that physicians will be able to make more informed decisions about how to treat patients with cancer

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lesions in the chest and upper abdomen, particularly when enhanced PET imaging is used in conjunction with structural (CT or MR) scanning. Similarly, in cardiac imaging applications, enhanced clinical tasks will be possible, as elaborated shortly.

A solution to the problem of motion is to perform cardiac and/or respiratory gating of the data, followed by reconstructions of individual gated datasets. However, gating leads to enhanced noise levels and images of reduced quality are generated, which in turn can also lead to enhanced noise-induced bias and variance in kinetic parameters.¹

An advanced approach to PET imaging is to move beyond pure gating and to obtain enhanced images by making collective use of the gated data sets. Two general schemes may be considered: (1) postreconstruction registration and summation of the independently reconstructed images (eg,³⁻⁷); (2) incorporation of motion information within the reconstruction algorithm: this latter approach is broadly referred to as four-dimensional (4D) reconstruction, which is the topic reviewed in this article. Asma and colleagues⁸ and Chun and Fessler⁹ theoretically analyzed and compared postreconstruction versus 4D reconstruction approaches with motion compensation, and showed that noise variance in the latter is less than or comparable with the variance in the former, and the gap between them is larger when less regularization is used⁸ and when the gate frames have significantly different counts.⁹

Dynamic imaging and motion-compensated imaging methods overlap in the sense that they both deal with varying activity distributions over time, and 4D methods have been developed for both. The underlying bases of the two are different and need to be distinguished from one another. In particular, some types of motion (and thus certain changes in voxel intensity) are physically/anatomically impossible. 4D image reconstruction algorithms applicable to dynamic imaging have been reviewed elsewhere,¹⁰ whereas here we focus on techniques to model and incorporate motion. Overall, we believe that strategies attempting to apply general 4D PET image reconstruction techniques (such as use of temporal basis functions) to motion compensation (eg, Refs.^{11,12}) remain to be further refined or constrained to ensure meaningful reconstructions. Aiming to exploit the periodic nature of cardiac motion, a promising approach¹³ was to use temporal Fourier harmonic basis functions to model voxel intensity variation across the gates.

The first section of this article reviews application of 4D image reconstruction methods to cardiac imaging applications, which may involve cardiac

or respiratory gating. The next section reviews applications beyond cardiac imaging (particularly, oncology) involving respiratory motion correction only. Some important areas of future research are discussed at the end.

CARDIAC IMAGING APPLICATIONS

Cardiac movements introduce notable visual and quantitative degradations in PET imaging: the base of the heart typically moves 9 to 14 mm toward the apex, and the myocardial walls thicken from approximately 10 mm to more than 15 mm between the end-diastole and end-systole.¹⁴ The motivation behind motion correction in cardiac imaging is two-fold:

- i. To further improve the quality of cardiac PET images (noise, resolution) so as to enhance identifiability of radiotracer uptake defects in the left ventricle (LV) by clinicians, because regions of decreased radiotracer uptake can indicate hibernating or infarcted myocardial tissue.¹⁵ This finding is also important when applying quantitative measures of perfusion and metabolic parameters in dynamic compartmental modeling studies.¹⁶
- ii. Measurement of motion itself can be useful for characterizing cardiac function.¹⁷ Measures such as ejection fraction and regional wall thickening may be derived from a measure of contractile motion in this way.

We first focus on efforts using cardiac gating only (additional respiratory gating in the context of cardiac imaging is discussed later). Postreconstruction motion correction approaches involving nonrigid registration and summation of individually gated cardiac images have been reviewed elsewhere.^{1,2,18}

Cardiac Motion Estimation Methods

Cardiac motion (ie, the contraction of LV during the cardiac cycle) was commonly described by relatively global measures before techniques were developed to estimate the dense motion vector fields (ie, voxel-by-voxel point correspondences). Global parameters such as ejection fraction,¹⁹ longitudinal shortening,²⁰ radial contraction, and wall thickening²¹ provide diagnostic information about the cardiac function. Other than providing a more elaborate description of cardiac motion, a major objective of obtaining the dense motion field is to compensate for motion in cardiac-gated imaging and arrive at reduced blurring artifacts without intensifying noise levels.²²⁻²⁵

Compared with emission tomography imaging, tagged MR imaging provides a more favorable environment for calculation of the dense motion field (myocardial tagging involves production of a spatial pattern of saturated magnetization, eg, at end-diastole, and then imaging the resulting deformation of the pattern as the heart contracts through the cardiac cycle).^{26–28} The difference in intensities between tagged and untagged regions allows tracking of the motion of underlying tissues. Young and colleagues²⁹ presented a method for tracking stripe motion in the image plane and showed how the information could be incorporated into a finite-element model of underlying deformation. The method provided a framework to combine high-level global constraints (eg, smoothness and connectivity) with low-level local constraints (eg, dark, linear features). Park and colleagues³⁰ presented a technique using a class of physics-based deformable models allowing parameterized deformations that captured the motion of the LV. Ozturk and McVeigh³¹ used 4D B-splines to interpolate the motion between the tracked myocardial points. The 4D displacement field formed by combining the two-dimensional (2D) fields, as derived from the short-axis and long-axis image planes, could be used to track the deformation of points anywhere within the myocardium. Osman and colleagues³² proposed a method that estimates cardiac motion applied to spatial modulation of magnetization (SPAMM)-tagged MR images. The SPAMM-tagged images have a collection of distinct spectral peaks in the Fourier domain, each of which contains information about the motion in a certain direction. The inverse Fourier transform of just one of these peaks is a complex image, the phase of which is linearly related to a directional component of the true motion. These investigators defined the harmonic phase (HARP) image to be the principle value of the phase of the complex image and used the HARP image to measure small displacement fields. The main characteristic of this method is its computational simplicity.

We discuss these methods for tagged MR images not only for the completeness of the literature review on cardiac motion estimation but also to resonate with the recent emergence of integrated PET/MR scanners.^{33,34} Recent work by Petibon and colleagues³⁵ applied cardiac wall motion estimated from tagged MR images in PET image reconstruction for simultaneous PET/MR. This preliminary work reported improved perfusion defect detection using a physical phantom.

For other imaging modalities, different extensions of the classic optical flow approach of Horn and Schunck³⁶ have been commonly applied.

The optical flow technique assumes that a moving point in a sequence of images does not change its intensity. The classic approach invokes local Taylor series approximations [using partial derivatives with respect to the spatial and temporal coordinates]. It was first applied directly to 2D cardiac images in Refs.^{37,38} Because 2D motion is inadequate to describe cardiac motion vectors, three-dimensional (3D) extension of the algorithm was provided by Song and Leahy³⁹ and Zhou and colleagues⁴⁰ on CT cardiac sequences. Klein and colleagues^{3,9} used a nonuniform elastic regularization function inspired from a linear elastic material model.⁴¹ The motion field is regularized by an energy function constraining the source volume as if it were a physical elastic material being deformed by external forces. In several works in which simultaneous gated image reconstruction and motion estimation were performed,^{25,30,42} algorithms including similar regularization via the strain energy function were implemented for the purpose of myocardium motion estimation. These works reported improved noise and resolution characteristics in the reconstructed images (**Fig. 1**). In addition, Gravier and colleagues²⁴ also performed cardiac motion estimation via the optical flow method, which they subsequently incorporated as temporal regularization in 4D image reconstruction, showing improved accuracy of cardiac images without causing any significant cross-frame blurring.

Optical flow techniques assume that a moving point in a sequence of images does not change its intensity. This assumption may be violated in emission tomography because of the limited spatial resolution (and the resulting partial volume effect), particularly as the myocardium expands and becomes thin in the end-diastolic phase. An alternative is to invoke the continuity equation describing conservation of mass (here, intensity), resulting in an additional term relative to classic optical flow (and sometimes referred to as extended optical flow)³⁹; such an approach was recently used by Dawood and colleagues⁴³ for cardiac motion estimation.

Optical flow algorithms are known for the aperture problem wherein there is not enough information in a small area to uniquely determine motion perpendicular to the direction of the local gradient of the image intensity.^{44,45} This problem is commonly tackled via introduction of additional constraints. Nonetheless, the true motion cannot be recovered without a priori knowledge of the motion. Klein and colleagues⁹ performed qualitative analysis on tracking the cardiac twist in the healthy PET myocardium. The motion field estimated from PET images, cine MR images, and

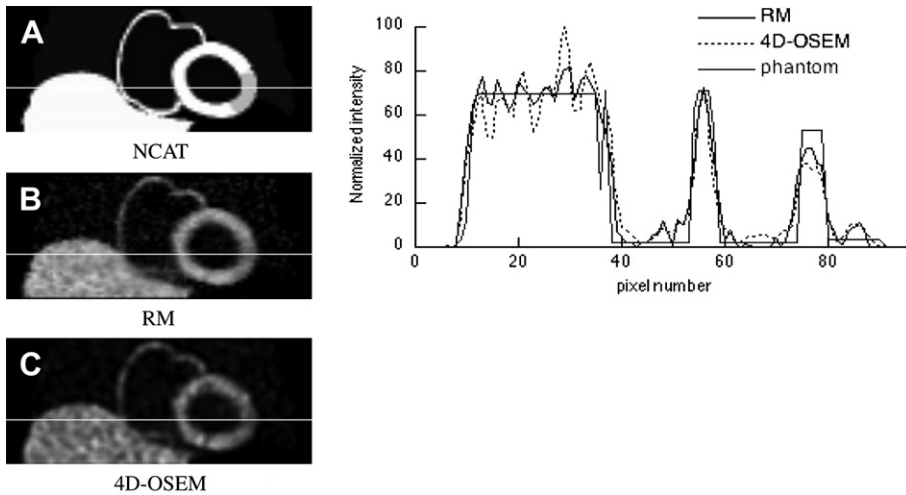


Fig. 1. Sagittal slice of (A) the NCAT phantom (truth), (B) image reconstructed from the proposed integrated image reconstruction and motion (RM) estimation algorithm, and (C) image reconstructed using the conventional OSEM (ordered subset expectation-maximization) algorithm plus 4D postreconstruction filtering. Profiles of the images along the section indicated by the line. (Reprinted from Mair BA, Gilland DR, Sun J. Estimation of images and nonrigid deformations in gated emission CT. *IEEE Trans Med Imaging* 2006;25(9):1140; with permission.)

tagged MR images was compared. The conclusion was that the component of motion normal to the ventricular surfaces could be accurately estimated; however, because of uniformity in the healthy myocardium in PET imaging, the torsion component was considerably more difficult to track. Cine MR images with higher resolution did not augment the ability of the optical flow technique in terms of catching the twist motion. Only tagged MR images had sufficient features for the algorithm to accurately estimate the motion.

The performance of the optical flow technique to estimate cardiac motion from emission tomography images was evaluated quantitatively by Tang and colleagues.⁴⁶ Using the 4D NCAT (NURBs (nonuniform rational B-splines) Cardiac Torso) phantom with a known motion vector field, the study confirmed that the optical flow technique could not appropriately estimate tangential motion for uniform myocardial perfusion patterns. It also showed that without detection of the tangential motion, the estimated radial motion also deviates from the truth, because the motion components are correlated with each other.

Besides optical flow methods, some other techniques were investigated for motion-compensated image reconstruction. For example, the motion-frozen technique by Slomka and colleagues,⁴⁷ originally applied to single-photon emission CT (SPECT), involved detecting the epicardial and endocardial surfaces and tracking their movements, followed by extrapolation of the movements

of the surfaces to other points. The technique was also applied in PET image reconstruction,⁸ resulting in significantly enhanced ($P < .05$) contrast and contrast/noise ratios in fluorodeoxyglucose myocardial viability images.

Reconstruction Methods

In the following sections, four general 4D reconstruction approaches are reviewed: those in which motion estimation is performed (1–3) before or (4) during 4D image reconstruction.

1. Interiterative temporal smoothing: given the estimated motion vectors enabling tracking of any given voxel across the cardiac gates, this approach imposes temporal smoothing across the gated images after every iteration of the reconstruction algorithm. Such an approach was suggested by Brankov and colleagues,⁴⁸ who in addition replaced the uniform-voxel framework with mesh modeling within image reconstruction⁴⁹ (an efficient image description based on nonuniform sampling; mesh nodes are placed more densely in image regions having finer detail). However, the investigators seem to have abandoned this approach in favor of postreconstruction motion-compensated filtering in later publications.^{50,51} Overall, spatial^{52,53} or temporal^{54,55} interiteration filtering methods are ad hoc (eg, are not proved to be convergent). A more theoretically sound and more popular approach is discussed next.

2. Bayesian maximum a posteriori (MAP) reconstruction: MAP methods⁵⁶ attempt to address the ill-posed nature of emission tomography reconstruction via inclusion of spatial or temporal priors.⁵⁷ Instead of seeking an image estimate \vec{f} that maximizes the Poisson log-likelihood function $L(\vec{f})$ as is the case with the regular expectation-maximization (EM) algorithm,^{58,59} MAP methods seek to maximize the MAP function $L(\vec{f}) - \beta V(\vec{f})$, where $V(\vec{f})$ is a potential function that regularizes the objective function (commonly by penalizing intensity variations within spatial neighborhoods), and β is the MAP hyperparameter to be set by the user for the particular imaging task. A common (although approximate) iterative solution to the MAP formulation can be reached via the one-step-late (OSL) approach of Green,⁶⁰ arriving at

$$\vec{f}^{\text{new}} = \frac{\vec{f}^{\text{old}}}{P^T \vec{1} + \beta \frac{\partial V(\vec{f})}{\partial \vec{f}} \Big|_{\vec{f} = \vec{f}^{\text{old}}}} P^T \frac{\vec{y}}{P \vec{f}^{\text{old}}} \quad (1)$$

where \vec{f}^{old} and \vec{f}^{new} denote the previous and updated image estimates, \vec{y} is the projection space data, P is the system matrix modeling the probabilities of detection, and $\vec{1}$ is a column vector with all elements equal to 1.

In addition, Gravier and Yang⁶¹ used a MAP formulation to encourage smoothing across the gated frames, given knowledge of voxel movements from the estimated motion vector field. As an example, denoting the estimated activity for a given gate q ($q = 1 \dots Q$) as \vec{f}_q , the following penalty V_t was considered:

$$V_t = \sum_{q=1}^Q \sum_{j=1}^J \left[[\vec{f}_q]_j - \frac{1}{Q-1} \sum_{\substack{p=1 \\ p \neq q}}^Q [M_{p \rightarrow q} \vec{f}_p]_j \right]^2 \quad (2)$$

where the subscript j denotes the particular voxel ($j = 1 \dots J$) in the image, and $M_{p \rightarrow q}$ denotes the estimated motion matrix transforming a given image \vec{f}_p to its corresponding distribution in gate p given the estimate motion vectors. The investigators introduced a generalized weighted formulation^{24,62} to this expression to weight intergate variations in voxel intensities depending on gate separation (higher weights for nearer gates).

A similar approach was taken by Lalush and colleagues^{63,64} but the motion was assumed to be known a priori. However, they obtained

similar results when no motion information was considered (ie, $M_{p \rightarrow q}$ was set to the identity matrix). This result may have been caused by the limited resolution of their scanner, but has been pursued similarly in several subsequent works.⁶⁵⁻⁶⁸

3. The MAP-OSL algorithm (1) of Green⁶⁰ is based on an approximation (and breaks down for large values of β). In addition, it is a nontrivial task to select the parameters associated with the prior/penalty term (which play an important role in the image quality) and this is often achieved through trial-and-error. These methods treat the same moving object as different temporal reconstructions that are merely temporally correlated. Nevertheless, a more concrete approach would involve a truly 4D approach, in which the estimated deformations are incorporated within a unified cost function to be optimized (for a single object). Such an approach was proposed and investigated by Qiao and colleagues,⁶⁹ Li and colleagues,⁷⁰ and Lamare and colleagues,⁷¹ although originally for respiratory gating applications but later also used for cardiac gating.⁷² In this approach, the measured nonrigid motion (estimated from the gated images) is modeled in the image-space component of the system matrix of the EM algorithm, and a truly 4D EM reconstruction algorithm has been achieved. This approach is promising because of its accurate and comprehensive modeling of the relation of a moving object to detected events. Introducing a time/gate-varying system matrix P , including decomposition⁷³⁻⁷⁵ into the geometric component G , diagonal normalization N and attenuation A matrices, as well as $M_{1 \rightarrow q}$ modeling the motion transformation from the reference gate 1 to existing frame q ($P = NAGM_{1 \rightarrow q}$), one arrives at the 4D EM update algorithm to estimate the image at the reference gate:

$$\vec{f}^{\text{new}} = \frac{\vec{f}^{\text{old}}}{\vec{s}} \sum_{q=1}^Q M_{1 \rightarrow q}^T G^T \frac{\vec{y}_q}{GM_{1 \rightarrow q} \vec{f}^{\text{old}}} \quad (3)$$

where the sensitivity image \vec{s} is given by

$$\vec{s} = \sum_{q=1}^Q M_{1 \rightarrow q}^T G^T A^T N^T \vec{1} \quad (4)$$

This approach is analogous to motion-corrected EM reconstructions in brain imaging that move beyond purely correcting⁷⁶⁻⁷⁸ individual events for motion and that result in modified sensitivity images to account for the impact of motion on probabilities of detection.⁷⁹⁻⁸³

4. Commonly in the literature, cardiac motion is estimated after reconstruction of individual gated frames; and in the techniques outlined earlier, the extracted motion information is used in subsequent 4D reconstructions to yield enhanced images. However, Gilland and colleagues^{22,23,42} hypothesized that, given the close link between the image reconstruction and motion estimation steps, a simultaneous method of estimating the two is better able to (1) reduce motion blur and compensate for poor signal-to-noise (SNR) ratios and to (2) improve the accuracy of the estimated motion. Their proposed algorithm worked by 2-step minimization of a joint energy functional term (which included both image likelihood and motion-matching terms). This work was also extended from a 2-frame approach to the complete cardiac cycle by Gilland and colleagues.⁸⁴

The approach taken by Jacobson and Fessler^{85,86} considered a parametric Poisson model for gated PET measurements involving the activity distribution as unknown as well as a set of deformation parameters describing the motion of the image throughout the scan (from gate to gate). By maximizing the log-likelihood for this model, a technique referred to as joint estimation with deformation modeling was used to determine both the image and deformation parameter estimates jointly from the full set of measured data. A similar motion-aware likelihood function was used by Blume and

colleagues,⁸⁷ although using a distinct optimization scheme and depicting more convincing results, which is shown in Fig. 2. By comparison, the techniques described earlier estimate a single image and $N - 1$ deformations, whereas the method of Gilland and colleagues estimates N images and $N - 1$ motion deformations, thus involving a larger number of unknowns; the cost function it uses does not involve deformations in the log-likelihood term, thus potentially simplifying the optimization task. The aforementioned trade-off remains to be elaborately studied.

Dual-Gated Imaging

Respiratory motion of the heart is comparable with myocardial wall thickness⁸⁸ and introduces considerable degradations in quantitative accuracy of images⁸⁹ and quality of polar maps.⁹⁰ Increasingly more attention has been paid to dual gating of the heart in human and animal studies.^{88,91-100} Different hardware gating devices developed in academic and corporate settings were exploited to achieve this goal and are described in the article by Bettinardi and colleagues elsewhere in this issue.

Rigid Versus Nonrigid Modeling of the Respiratory Motion of the Heart

Respiratory motion of the heart has been modeled as rigid within several PET^{89,101} and SPECT¹⁰² reconstructions. There exists some evidence to this end: analysis¹⁰³ of 20 sets of 4D respiratory-gated

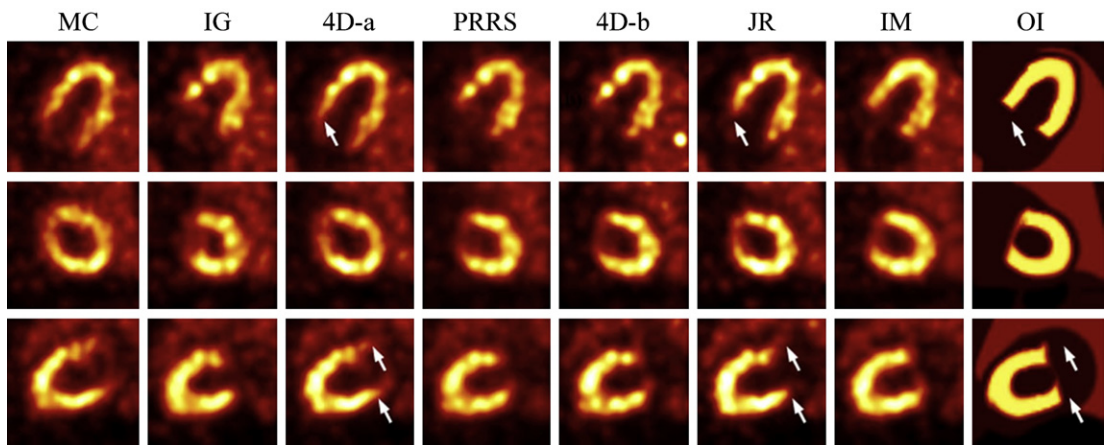


Fig. 2. Selected transverse, coronal, and sagittal slices for different reconstruction scenarios for simulated data (from left to right): ML-EM reconstruction of motion-contaminated data (MC), ML-EM reconstruction of the individual gates (IG), 4D method (when motion is estimated from preliminary reconstructions) (4D-a), postreconstruction registration and summation (PRRS), 4D method when different gridding is used to estimate motion (4D-b), proposed joint reconstruction (JR), and a motion compensating reconstruction based on the ideal motion (IM). For comparison, the original image (OI) is shown in the last column. (Reprinted from Blume M, Martinez-Moller A, Keil A, et al. Joint reconstruction of image and motion in gated positron emission tomography. IEEE Trans Med Imaging 2010;29(11):1896; with permission.)

image data from normal and abnormal humans revealed respiratory motion of the heart (as well as liver, stomach, spleen, and kidneys) to involve for the most part rigid translations downward and to the interior as the diaphragm contracts during inspiration. Furthermore, MR scans performed on 15 normal individuals depicted predominantly translational nature of respiratory-induced movements in upper abdominal organs.¹⁰⁴

Nonetheless, respiratory motion does induce some nonrigid movements in the heart, as it is pushed and pulled by the diaphragm and other connected tissue: for instance, gated CT studies on dogs¹⁰⁵ recorded an average change of 12% in the total end-diastolic heart volume during forced positive pressure inspiration at 15 cm H₂O. Using echocardiography, similar shape changes were found in human individuals.¹⁰⁶ Furthermore, Klein and colleagues⁹⁹ performed quantitative measures of respiratory motion of the heart as extracted from 10 respiratory-gated PET studies. Translations between end-inspiration and end-expiration were often greater than 10 mm and ranged from 1 to more than 20 mm (rigid motion). Moreover, the LV showed nonnegligible compression factors. The LV was generally largest at end-inspiration and smallest at end-expiration. Nonrigid motion was close to 10% in several cases, computed as the product of the 3 extension factors along the x, y, and z directions.

The extension factors were largest along the superior/inferior axis (~5%), which, given the typical 80-mm to 100-mm dimension of the LV along this direction, would result in a heart image that would be 4 to 5 mm too small if motion was assumed simply rigid. Compared with the average 10-mm thickness of the left ventricular wall, this scaling error may therefore be considerable. However, with the ECAT EXACT HR scanner (CTI/Siemens, Knoxville, TN), only small improvements were observed⁹⁹ after performing nonrigid motion modeling. It may be concluded that appropriateness of modeling respiratory motion of the heart as rigid versus nonrigid depends on the resolution of the PET scanner. With wider acceptance of reconstruction algorithms incorporating resolution modeling (also referred to as point-spread-function (PSF) modeling),^{107–113} and the resulting resolution improvements down to the 2-mm to 3-mm range in clinical scanners, it is expected that nonrigid modeling approaches would serve as more reliable and accurate models of respiratory motion of the heart. Efforts to this end include: (1) use of affine motion models (strictly speaking, an affine model is nonrigid, but in the literature, often it is a class of its own (ie, rigid vs affine vs nonrigid models): this model extends the rigid

motion model (6 parameters of rotation and translation) to also allow 3 scale⁷¹ and 3 skew parameters⁹⁹ and (2) use of nonrigid B-spline models.⁹¹

Reconstruction Methods

Modeling respiratory motion of the heart as rigid, Livieratos and colleagues¹⁰¹ transformed individual lines of response (LORs) (ie, via translations and rotations) to compensate for respiratory motion, followed by standard reconstructions of individual cardiac-gated datasets. Nonetheless, this approach, although appropriately compensating for normalization given original LOR coordinates, did not compensate for duration of time each LOR spends outside the field-of-view because of motion, which can be compensated via multiplication factors applied to the motion-compensated events¹¹⁴ or modifying the sensitivity images through the 4D EM formalism of Eqs. 3 and 4. Invoking the latter approach, Rahmim and colleagues⁸⁹ and Chen and colleagues⁹¹ performed 4D respiratory motion compensation for each cardiac phase. A simulated example from Ref.⁸⁹ is shown in **Fig. 3**, wherein short-axis reconstructed images, for a given cardiac gate, show noisy reconstructions with additional respiratory gating (left), blurred images with no respiratory gating (middle), and improved definition with favorable noise using 4D reconstruction approach. Receiver operating characteristic analysis involving numerical channelled Hotelling observer studies revealed significant improvements ($P < .0001$) for the task of perfusion defect detection using 4D EM respiratory motion compensation.

It is possible to pursue 4D reconstruction methods that incorporate both cardiac and respiratory gating information, as pursued by Blume and colleagues,⁸⁷ within a comprehensive dual-gated framework using 24 total gates. Nonetheless, in practice, the common approach has been to use 4D reconstruction methods to compensate for respiratory motion within each cardiac gate, followed by postreconstruction registration and summing of cardiac-gated images.^{91,115}

Five-Dimensional Motion-Corrected Image Reconstruction

Dynamic imaging of the heart enables quantification of tracer uptake, providing valuable information about heart function, including the abilities to quantify myocardial blood flow and coronary flow reserve,^{116,117} thus providing several powerful applications.^{118–124} Nonetheless, this modality has remained primarily limited to research, and

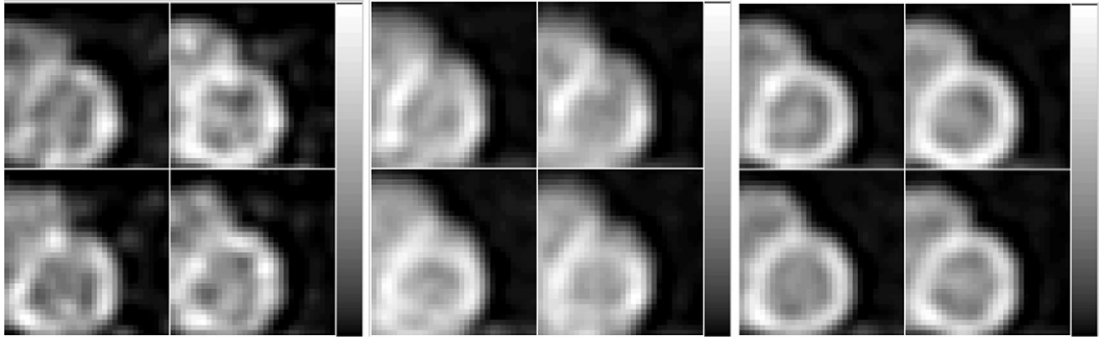


Fig. 3. Short-axis reconstructed images of simulated Rb-82 myocardial perfusion data with 4 noise realizations shown in each set, for the end-diastolic cardiac gate using: (*left*) end-expiration respiratory gate 1, (*middle*) respiratory-nongated data, and (*right*) data processed using 4D EM reconstructions.

remains to be widely adopted in clinical practice; this has been especially related to amplified noise levels caused by subdivision of the data into shorter frames. Novel 4D reconstruction algorithms, aiming to enhance quality and quantitative accuracy of dynamic images, constitute a highly active front and have been reviewed elsewhere.^{10,125} Here we discuss some works that have attempted to merge the extra dimensions of cardiac gating and tracer redistribution.

An approach was to use the list-mode capability to first reconstruct the data as gated but static to estimate cardiac motion, followed by application of 4D reconstruction to gated datasets for each dynamic frame.⁷² An alternative was to perform 4D image reconstruction to dynamic datasets for each given cardiac gate, followed by postreconstruction filtering across the cardiac gates.^{126,127}

By contrast, Jin and colleagues¹²⁸ and Gravier and colleagues⁶² pursued variations of a more sophisticated five-dimensional (5D) approach of incorporating both dimensions within the reconstruction: they performed preliminary reconstructions to extract the motion vector field; the motion information was then incorporated within objective functions that included weighted variants of (2) penalizing intercardiac-gate intensity variations, although further generalized to also include penalization amongst the dynamic frames. The resulting objective functions were then solved using gradient descent methods. These methods were further refined in Ref.¹²⁹ to include a convergent yet fast (ordered subset) reconstruction algorithm framework. Alternatively, Niu and colleagues¹³⁰ pursued direct reconstruction of parametric images (from projection data) and incorporated estimated motion vectors within a weighted variant of penalty expression (Eq. 2).

Verhaeghe and colleagues¹² used B-spline temporal basis functions to represent both the temporal and gate dimensions within 5D EM

formulation, resulting in improved noise properties and maintaining sharply defined images (however, see note of caution in introduction regarding treatment of motion in the same sense as dynamic tracer evolution).

A different approach to this problem by Shi and Karl^{131,132} involved level set methods wherein a variational framework was developed that collectively incorporated region boundaries (assumed to evolve because of motion) and intensities within them. A coordinate descent algorithm was used alternately minimizing the overall energy function with respect to the boundaries and the intensity values. A downside of this approach is that the intensity is assumed to be constant within the defined regions, although additive noise models were included.

Impact of Mismatched AC

When respiratory gating is not used (ie, emission images are contaminated by respiratory motion), the use of high-speed CT images that capture one phase in the respiratory cycle can lead to AC mismatch, visible artifacts, and notable quantitative degradations.^{133,134} Potential solutions to this situation include cine CT, CT mapping (using estimated PET motion vectors, 4D-CT acquisition), and many other approaches. This issue is covered in detail in the article by Pan and Zaidi elsewhere in this issue.

With respiratory gating, as also used in 4D reconstruction methods, application of (1) mismatched or (2) averaged/cine CT for AC can also lead to quantitative degradations,¹³⁵ and so forth. Therefore, phase-matching methods seem to be the methods of choice.¹³⁶ Unlike respiratory motion, cardiac motion is less important in terms of mismatch between emission and transmission images for AC because the heart sac does not really move with cardiac beating.

BEYOND THE HEART: OTHER IMAGING APPLICATIONS INVOLVING RESPIRATORY MOTION CORRECTION

The 4D methods mentioned in the previous section (for cardiac motion correction) are also applicable to 4D respiratory motion correction. Respiratory motion estimation tasks for different organs are discussed first, as incorporated within 4D reconstruction methods.

Respiratory Motion Estimation Methods

Respiratory motion has been modeled as rigid,¹⁰² affine,^{99,137} and nonrigid.^{43,138–140} Rigid motion and affine deformation modeling were primarily used in conjunction with event rebinning for the correction of respiratory motion.⁷¹ To rebin the PET data by aligning the LOR of each event to the reference position, the motion can be modeled only as rigid or affine because mapping of an LOR is independent of the event location. Modeling respiratory motion as nonrigid thus requires other motion correction techniques, including incorporating the correction in the image reconstruction process¹⁴¹ and after reconstruction.¹⁴²

When motion is treated as rigid, it has been quantified by tracking translations of some center of mass along the axial direction^{102,143} or in 3D.¹⁴⁴ By contrast, the affine deformation model can be solved using image registration techniques to minimize the least squares difference⁹⁹ or mutual information.¹³⁷ Nonrigid motion estimation is usually treated as a minimization problem with the cost function consisting of (1) a similarity measure between the image frames and (2) a regularization term on the estimated deformation field. Algorithms differ in the measurement of the image similarity and the selection of the regularization. In the following sections, several representative nonrigid motion estimation algorithms are discussed.

Dawood and colleagues¹⁴² proposed an optical flow-based approach in the process of postreconstruction summation of aligned respiratory gates. The method assumed small motion (for the Taylor expansion) and a locally constant flow (as a means to regularize the problem) per the algorithm developed by Lucas and Kanade (LK).¹⁴⁵ The motion needed to be calculated between adjacent gates (to ensure small motion) rather than between the target gate and successive gates. The LK algorithm is comparatively robust in the presence of noise. However, the flow information fades out quickly across motion boundaries. Dawood and colleagues⁴³ later advanced the local optical flow algorithm by combining it with a global optical flow algorithm (ie, the method of Horn and

Schunck [HS]).³⁶ The HS algorithm uses the smoothness in flow as the constraint and fills in the missing flow information in inner parts of homogeneous objects from the motion boundaries. The respiratory motion was shown to be reduced in the motion-corrected gated images with the correlation coefficient as the criteria. The combined local and global optical flow algorithm was shown to perform better than the local algorithm.

In the method proposed by Ue and colleagues,¹⁴⁰ the deformation field was defined to consist of control points given as the intersection points of grid lines. By moving each control point, the floating image was deformed. The movement at an arbitrary location in the deformation field was calculated by trilinear interpolation of neighbor control points. In their method, the similarity measure between the reference images and the deformed image was based on the principle that the total activity remains the same after the deformation. An expansion ratio, computed by volumes of tetrahedral, was applied on the deformed image to eliminate the discrepancy between the deformed result and the principle. A smoothness constraint in the deformation served as regularization in the objective function, which was minimized using the simulated annealing algorithm.

Bai and Brady^{138,139} proposed B-spline deformable registration algorithms in respiratory motion correction of gated PET images. The control point lattice was assumed as a Markov random field (MRF) to regularize the deformation field. B-splines have the advantage of being smooth functions with explicit derivatives and finite support. Both the gated images and the transformation between them were interpolated using cubic B-spline functions. The MRF was assumed to follow the Gibbs distribution based on the Hammersley-Clifford theorem.¹⁴⁶ Gradient descent was used to minimize the cost function, consisting of the mean squared difference between one image and another deformed image and the regularization term.

Reconstruction Methods

Respiratory motion-compensated image reconstruction methods can be grouped into several categories. One category of methods rebins the PET data by aligning the LORs of each event to the reference position using the estimated motion. Because the event-rebinning method mapping of an LOR is independent of the event location, only rigid or affine motion can be incorporated in the process, which can be a viable approach when focusing on specific tumors or organs.⁷¹ Such an

approach was originally developed in brain imaging applications (e.g. Ref.⁷⁸).

A considerably more popular category of methods incorporates the estimated motion within the system matrix for image reconstruction. Nonrigid motion can be applied within the reconstruction process. These techniques use a time/gate-varying system matrix and integrate PET projection data acquired at different time bins into a single comprehensive objective function. The 4D EM formulation (3–4) by Qiao and colleagues,⁶⁹ Li and colleagues,⁷⁰ and Lamare and colleagues,⁷¹ as discussed in the context of Eq. 3, were originally developed for respiratory motion correction. On advent of simultaneous PET/MR imaging, the recent work by Guerin and colleagues¹⁴⁷ used respiratory motion estimated from tagged MR images to reduce motion blur in whole-body PET studies of torso. This motion correction technique and more recent work by the same group¹⁴⁸ fall into this category as well. The time/gate-varying system matrix method was generalized by Qiao and colleagues¹⁴⁹ to incorporate motions only within a user-defined region of interest. In particular, Li and colleagues⁷⁰ considered both a phantom experiment and a clinical study with a pancreatic tumor. They showed increased

SNR in images reconstructed with the motion-compensated 4D PET reconstruction over that in images from both regular nongated reconstruction and purely gated reconstruction. The motion artifacts were also clearly reduced in the 4D reconstructed images. **Fig. 4** shows reconstructions obtained using (1) nongated PET, (2) conventional purely gated PET, and (3) the 4D EM algorithm using the entire dataset. The SNR ratios were 2.21, 1.83, and 4.17 for the three approaches.

Reyes and colleagues¹⁵⁰ pursued an approach applicable to nongated datasets. A respiratory motion model constructed from MR images was adapted to each patient's anatomy through affine registrations. The resulting estimated motion was then incorporated into the system matrix of the EM algorithm. Compared with the second category methods, this approach does not require motion estimated beforehand or gating. Nevertheless, the robustness of the model-based motion estimation method given the presence of irregular respiratory patterns as well as interpatient respiratory variations remains questionable. Furthermore, analogous investigations in brain imaging (ie, modeling motion contamination within the system matrix without correction of events)¹⁵¹ have shown suboptimal convergence properties.

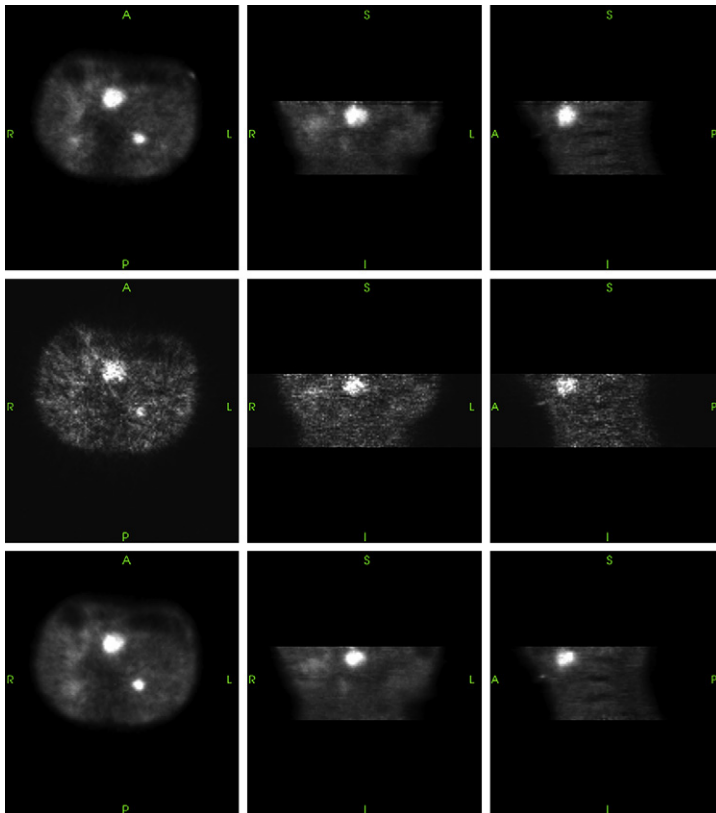


Fig. 4. Reconstructed images of 3D ungated PET obtained by summing all the acquired 4D-PET projections (*top*), conventional 4D PET (*middle*), and model-based 4D PET reconstruction for a clinical study with pancreatic tumor. (Reprinted from Li T, Thorndyke B, Schreiber E, et al. Model-based image reconstruction for four-dimensional PET. *Med Phys* 2006;33(5):1296; with permission.)

AREAS OF FUTURE RESEARCH

In this section, some areas of research in motion correction are outlined that remain open questions, demanding further inquiries and research:

- a. Although theoretic comparisons have been made between postreconstruction and 4D reconstruction methods in which motion is preestimated,^{8,9} it remains an open task to theoretically analyze methods in which cardiac or respiratory motion are estimated before or simultaneously with the image reconstruction task. Such analysis might provide insights into further optimization of both categories mentioned earlier, because experimental comparisons have not shown^{30,37,42,85,86} a clear advantage of one approach over the other. Development and validation of optimum regularizers, given the distinct spatial resolution properties of motion correction algorithms,²² is also an area of interest.
- b. In dual-gating applications, cardiac versus respiratory gates are commonly treated differently in 4D motion-corrected cardiac imaging applications, wherein the latter are more commonly incorporated within 4D methods, with the former registered and summed after reconstruction.^{91,115} However, it is plausible to imagine a combined overall sequence of gates incorporated within the 4D reconstruction framework.³⁷ Comparison between these two schemes remains an area of interest.
- c. Validation and assessment in clinical setting of algorithmic developments in medical imaging is inherently difficult and sometimes unconvincing, particularly when applied to clinical data in the absence of a gold standard, although some approaches to circumvent this limitation have been suggested.^{152–154} There is a clear need for guidelines to evaluate image reconstruction and processing techniques in medical imaging research. Task-based assessment of image quality is an emerging field, which will likely help address some of these issues.
- d. One of the most active areas of research and development in medical imaging has been the advanced physical anthropomorphic phantoms and computational models that represent the human anatomy¹⁵⁵ and their integration in advanced 4D simulation of time-dependent geometries.¹⁵⁶ Incorporation of accurate models of cardiac and respiratory physiology into the current 4D extended Cardiac-Torso (XCAT) model was a significant step forward to account for inherent cardiac and respiratory motion not considered in the previous

models.¹⁵⁷ Besides providing realistic and flexible simulation of normal cardiac motion, Veress and colleagues^{158,159} investigated incorporation of a finite-element mechanical model of the LV to accurately model motion abnormalities such as myocardial ischemia and infarction. Besides simulating cardiac motion in the phantom, this model may be applied as a prior in cardiac motion estimation from emission tomography images to recover the true cardiac motion with twist rather than the apparent motion such as that estimated by optical flow methods.⁹

Likewise, many physical static anthropomorphic phantoms were developed in corporate settings but few dynamic torso phantoms are commercially available and all of them were specifically designed for the assessment of cardiac scanning protocols and ejection fraction calculation software (eg, the dynamic cardiac phantom available from Data Spectrum, Hillsborough, NC). Many academic investigators built dynamic physical phantoms that meet their research needs in cardiac imaging.^{160–162} However, similar to commercial systems referred to earlier, virtually none of them incorporate respiratory motion modeling. More advanced technologies allow the construction of dynamic phantoms, allowing modeling of respiratory motion.¹⁶³ One interesting design is the platform developed by Fitzpatrick and colleagues,¹⁶⁴ which is capable of programmable irregular longitudinal motion (either artificially generated on a spreadsheet or extracted from respiratory monitoring files) to simulate intrafractional respiratory motion.

SUMMARY

This article summarizes important themes in the emerging field of 4D PET imaging, as applied to cardiac and/or respiratory motion compensation. A wide-ranging choice of techniques are available in research settings but have not yet been used in the clinic. In advanced cardiac and respiratory motion correction schemes, this review has witnessed a general trend to move beyond the noisy images achieved by cardiac-gated and respiratory-gated data which are individually reconstructed, and instead, advanced techniques are seen to make use of novel motion estimation and image reconstruction applications to improve image quality with higher SNR and spatial resolution. There seems to be a general trend toward the use of increasingly sophisticated software for 4D reconstruction in cardiac-gated and

respiratory-gated PET imaging. Strategies that endeavor to apply direct 4D PET image reconstruction techniques to motion compensation seem promising but remain to be further refined or constrained to guarantee meaningful reconstructions.

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